

There is an International Exchange Corner on the third floor of Monzen Plaza where foreigners can seek advice. It is open Monday through Saturday from 10:00 AM to 6:00 PM. It is closed on some Wednesdays and Saturdays. It is also closed every Sunday, on national holidays, and at the end and beginning of the new year. For information on non-operational days, please check the website via the QR code.



At the International Exchange Corner, you can receive advice in your own language about any problems you're having in your daily life.

Consultations are available in Japanese, English, and Chinese at any time. Consultations are available in Tagalog on the first Tuesday of every month, and Thai on the third Tuesday of every month, each from 1:00 PM to 4:00 PM.

Consultations in other languages are also available using a translation device.



The International Exchange Corner also offers Japanese language classes. There are beginner, intermediate, and kanji classes. All classes are free to attend. However, you will need to pay for textbooks. There are also online classes available via Zoom for study at home. To apply, please contact the Nagano City International Exchange Corner.

Nagano City International Exchange Corner

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International Exchange
Corner Homepage ⇒

