

Please bring your garbage to your area's designated collection site by 8 a.m. on the collection day.

Collection site rules are designated by the area. Please sort your garbage and reduce the amount whenever possible.
Collection may be canceled due to blizzards and other inclement weather.

Do not dispose of commercial waste at these collection sites.

Recyclable resources

Recyclable plastics

Remove dirt and grease first, then put your plastic items and materials in designated bags and bring them to the collection site.

Do not double-bag recyclable plastics, and always put them in designated bags.

Plastic packaging
(Maximum size of items for disposal at collection sites: Within 1 m x 50 cm x 50 cm)
Containers, wrapping and other items and materials with the Pla-mark (Cushioning materials, bottles, caps, cups, nets, plastic bags, plastic wrap, food trays, etc.)

If packaging materials do not fit in the designated bags, bundle them together. You do not have to remove labels that are hard to remove.

For white trays, use in-store collection at supermarkets and other stores as much as possible.

Plastic products
Products made entirely of plastic that are less than 30 cm in length and less than 5 mm in thickness

For more information on recyclable plastics collection:

Warning: Items and materials not accepted as recyclable plastics:
Items and materials that cannot be cleaned of dirt or grease (cooking oil bottles, condiment tubes, retort pouches, etc.), plastic products 30 cm and longer or 5 mm thicker, sanitary products (surgical masks, toilet brushes, etc.), home medical care supplies (IV bags, liquid food bags, etc.)
Please dispose of these items and materials as burnable garbage.

Paper

Separate paper into four categories. Bundle it with twine crosswise and bring the materials to the collection site.

You must bundle paper materials with twine, even if it is one sheet of paper! Do not use duct tape.

- Newspapers and ads** (only those inserted in newspapers)
- Cardboard** (with a fluted corrugated sheet)
- Paper cartons** (those with white insides) Wash and dry
- Magazines and other used paper** (Includes books, magazines, notebooks, empty boxes, mounts, wrapping paper, memo paper, toilet paper rolls, etc.)

Remove any handles that are not made of paper.

Please place small pieces of used paper between magazines or empty boxes, or put them in used envelopes or paper bags. Bundle the whole bag as shown.

Warning: Items and materials are not accepted as recyclable paper:
Photographs, thermal paper (receipts, etc.), carbon paper, thermal-sensitive foam paper (printing paper for Braille, etc.), iron-on transfer paper, tissue paper, waterproof paper, oil-stained paper, packing material for bags and shoes, paper cartons with aluminum-coated interiors. Please dispose of these items and materials as burnable garbage.

Cans

Spray cans
Gas cassettes

Put these items in the blue net bags at the collection site.

Rinse these items out lightly to remove dirt and grease. Dispose of them as they are or crush them slightly.

Spray cans and gas cassettes

Warning: Bring these to a fire-free outdoor area, completely drain the gas, and puncture a hole in the can.

Cans (Aluminum, Steel)

Dispose of lids/caps of food cans and bottle-type cans together.

Warning: Items are not accepted as cans:
Non-spray type cans that contained paint, fuel or oil; cans larger than 18 liters (itto cans)
Please dispose of these as unburnable garbage.

Glass bottles

Put them in the appropriate colored containers at the collection site.

Remove their caps and rinse them out lightly. Broken bottles are also accepted (must be sorted with the appropriate color). You can leave on labels or parts of the cap that cannot be removed.

- Transparent** (White container) (Including frosted glass)
- Brown** (Brown container)
- Other colors** (Blue container) (Blue, green, black, etc.)

If you cannot determine a bottle's color when you hold it up to the light, please put it in Other colors (blue container). Return beer bottles and issho-bin bottles to retailers whenever possible.

Warning: Items are not accepted as glass bottles:
Ceramic bottles, opalescent bottles, glass tableware, fruit wine storage bottles, bottles that previously contained items other than food, beverages, or oral medications, metal bottle caps
Please dispose of these as unburnable garbage.
Plastic bottle caps
Please dispose of these as recyclable plastics.

Yard Waste

Bundle branches together with twine. Put leaves and grass in [Transparent bags] (with at least the same transparency as city-designated bags). Please bring all materials to the collection site.

Warning: Oversized garbage stickers are not needed.

Pruned branches and leaves, bamboo, Grass and flower, Weeds, Fallen leaves, Stems and vines from home gardens

Remove soil. Limit bundles/bags to a size and weight that one adult can handle. Do not bundle materials with metal wire or cords.

Warning: There is no collection conducted from January to March. You can still bring yard waste to the Nagano City Recycle Center yourself.

You can still use the old designated bags. If you have large amounts of these materials, please bring them to the Nagano City Recycle Center.

Note: Bundle branches with twine and put leaves and grass in transparent bags before bringing them in.

Warning: Items and materials are not accepted as yard waste:
Vegetables, fruits, nuts, seeds, flower bulbs, kitchen waste, wooden products, processed wood, rotten branches and leaves, infested branches and leaves, invasive plants (specified invasive species), poisonous plants
Please dispose of these items and materials as burnable garbage.
Waste from commercial activities (including agriculture)
Please request disposal at a licensed facility.

PET bottles

Put PET bottles in the green net bags at your area's collection site.

Transparent plastic bottles with the PET mark on the bottle or label

Remove their caps and labels and rinse the bottles out lightly. Dispose of them as they are or crush them slightly. (You do not have to remove the tamper-evident ring.)

Warning: Items are not accepted as PET bottles:
Bottles without a PET mark, colored bottles, caps, labels
PET bottles used for arts and crafts
Please dispose of these as burnable garbage.

Batteries

Put batteries in the red container at the collection site.

Dry-cell batteries
Put these directly into the container. (Manganese, alkaline, etc.)

Rechargeable batteries
Insulate the batteries first, then put them in a transparent bag and put the bag in the container. Rechargeable batteries removed from small household appliances. Non-removable batteries of small household appliances (under 30 cm). Lithium ion, nickel-metal hydride, nickel-cadmium, etc. Cover the terminals with tape. Remove power cords, razor blades, and other removable parts.

Warning: Items are not accepted as batteries:
Coin-cell lithium batteries (CR, BR) Insulate and dispose of these as unburnable garbage. Small household appliances larger than 30 cm with non-removable batteries. Please bring these to the Recycle Center. Hand items directly to Recycle Center staff.

Inquiries: Button Cell Battery Collection Promotion Center ☎0120-266-205 http://www.botankaiju.jp

Burnable garbage (other than recyclables)

A processing fee is required. Put your garbage in designated bags and bring them to the collection site. Any item that does not fit into a designated bag must have an oversized garbage sticker affixed to it to ensure collection.

Oversized garbage Items that do not fit in designated bags but fit in garbage collection trucks (approximate maximum dimensions: 1 m x 50 cm x 50 cm). One oversized garbage sticker is necessary for each item.

If you are using old designated bags, you must affix a fee-paid sticker that corresponds to the size of the bag you are using.

- Difficult-to-recycle paper**: Shredder scraps, Scented paper, Processed paper (Waterproof paper, Aluminum-coated paper), Disposable diapers. Remove waste before disposal.
- Kitchen waste**: Drain thoroughly, Try composting at home!
- Fabric and leather products**: You cannot dispose of beanbag chairs at collection sites. Dispose of power cords from electric blankets/carpets as unburnable garbage. You can leave metal parts on if they are too hard to remove.
- Ashes**: Put ashes in a designated bag or a sturdy waterproof bag and write "1" (ha: ash) on the bag. (No oversized garbage sticker necessary.)
- Insect-infested branches and leaves, invasive plants, poisonous plants**: Put these in a designated bag or transparent bag, label the bag accordingly ("1" (ha: ash) for infested items; "1" (ha: ash) for poisonous plants), and affix an oversized garbage sticker.
- Other**: (Audio and video tapes), (KITTY litter). Soak fireworks, cigarette butts and the like in water before disposal.
- Rubber products**: (Hoses), Cut or bind with twine.
- Wooden/bamboo products**: Wood with a diameter of 20 cm or more is not collected (including products such as mortars).
- Difficult-to-recycle plastics**: Items that cannot be cleaned of dirt or grease, Sanitary products, Home medical care supplies, Plastic products 30 cm and longer or thicker than 5 mm. Return used needles to medical institutions.

Unburnable garbage (other than recyclables)

A processing fee is required. Put your garbage in designated bags and bring them to the collection site. Any item that does not fit into a designated bag must have an oversized garbage sticker affixed to it to ensure collection.

Oversized garbage Items that do not fit in designated bags but fit in garbage collection trucks (approximate maximum dimensions: 1 m x 50 cm x 50 cm). One oversized garbage sticker is necessary for each item.

If you are using old designated bags, you must affix a fee-paid sticker that corresponds to the size of the bag you are using.

- Metal products**: (Bottle caps), (Aluminum foil). Wrap sharp or broken items with fabric, paper or the like, and clearly label them accordingly.
- Ceramic and glass products**: (Heat-resistant glass), (Glass sheets).
- Small household appliances**: Remove the fuel filter before disposal. Remove any kerosene before disposal.
- Other**: Expel all gas from lighters before disposal. (To do this, tape down the button to let the gas out.)

Warning: DO NOT dispose of the following as unburnable garbage, since they may cause a fire:
Rechargeable batteries removed from small household appliances and small household appliances with batteries that cannot be removed.
Spray cans, gas cassettes. Dispose of these items along with caps.
Items that contain liquid. Completely drain all fuel from stoves, heaters and the like.

Warning: Items are not accepted as unburnable garbage:
Please see "Items not accepted at collection sites" under the calendar.
Aluminum foil that cannot be cleaned. Dispose of this as burnable garbage.
Products made entirely of plastic that are not considered recyclable plastics. Dispose of these items as burnable garbage.
Electric bicycles, etc. Bring these to the Stock Yard (salvage yard).
Fluorescent lights. Bring these to a designated collection site.
Air conditioners, TVs, refrigerators, freezers, washing machines and clothing dryers. Dispose of these items through home appliance recycling.
Personal computers. Dispose of these items through PC recycling.

Garbage in undesignated bags, cardboard boxes and the like will not be collected even if an oversized garbage sticker is affixed to the container.

★ Designated bags, oversized garbage stickers and other items are available at retailers (supermarkets, convenience stores, etc.). The retailer passes on the garbage processing fees that you pay when purchasing these items to the city. For inquiries about the reduction/exemption program for individuals who use disposable diapers or the like on a regular basis, please contact the Living Environment Management Section ☎224-5035, 224-7635.

Items not accepted at collection sites

Items you must bring to a waste management facility (Fee required)

One-time large-volume waste from moving or the like, such as treadle sewing machines, large pieces of furniture, wheelbarrows, beanbag chairs, jacks (excluding hydraulic types), metal tire chains, iron weights, iron pipes, calcium chloride (requires prior notification), etc.

Business hours

	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.	Sun.
8:30-11:30	●	●	●	●	●	●	●
13:00-16:30	●	●	●	●	●	●	●

Notes:
1. Closed on national holidays and during the year-end/New Year's holidays (December 31 to January 3).
2. If you are unable to bring in items yourself, please contact a certified collection company or make a reservation with the Nagano City Recycle Center to have your items picked up (collection and transport fees required).

Items that the city does not accept that are accepted at the Stock Yard (salvage yard) (Fee required)

Hydraulic jacks, tires, electric bicycles, electric health equipment, roof tiles, bricks, concrete blocks, oil heaters, pickling stones (with plastic surface coating), sofas and mattresses with springs, etc.

Procedures: Please call the Nagano City Recycle Center ☎221-5316 to make a reservation and bring in the items yourself. The following companies also accept items marked with an asterisk (*):

- Naotomi Shoji ☎026-222-1884
- Takara Shigen Kaihatsu ☎0120-030-320
- Equal Zero ☎026-221-8080
- Tosaki Shokai ☎026-221-3274
- Dairiki ☎026-214-3379

Items the city does not handle:

Stones, sand, soil, pesticides, explosives, toxic substances, mortars, liquids (kerosene, etc.), appliances containing CFCs, fire extinguishers, automobiles and motorcycles (including parts), engine-powered machinery, LP gas cylinders, pianos, commercial waste (including agricultural waste), etc.

Bring fluorescent lights to a designated collection site.

Tube type, lightbulb type, ring type
- Dispose of LED lights, incandescent lightbulbs and broken fluorescent lights as unburnable garbage.
- Fluorescent lights from businesses are not accepted.

Procedures: Please bring the lights directly to a cooperating store that sells fluorescent lights, the Living Environment Management Section at city hall, a city hall branch office, or one of the Sunday Recycle venues.

Put fluorescent lights in the original box or a bag carefully so they do not break while you are transporting them.

Home appliance recycling (Fee required)

Air conditioners, TVs, refrigerators, freezers, washing machines and clothes dryers

Procedures: Please use one of the following recycling methods:
(1) Ask the store where you are purchasing its replacement to collect the item.
(2) Pay the recycling fee at a post office and bring the item directly to a designated collection site yourself. Shinjuku Group ☎273-3601 (650-1 Amenomiyu, Chikuma City) Seino Transportation ☎214-7556 (240-1 Muranishi, Kawai, Mashima-machi, Nagano City)
(3) Pay the recycling fee at a post office and contact a certified collection company for pickup.
(4) Bring the item(s) directly to Naotomi Shoji ☎222-1884. Please note, however, that Naotomi does not accept CRT TVs.

Notes:
1. Recycling fees vary depending on the manufacturer, size of the item, etc.
2. These items will not be accepted as unburnable garbage even if they are dismantled.

PC recycling

(1) PC recycling
Main units and monitors (including all-in-one computers) Dispose of printers, scanners and other peripherals as unburnable garbage or through the small household appliance recycling process.
Procedures: Please contact the manufacturer directly via phone, website or the like to apply for collection, and follow the designated procedures.
For inquiries, please contact the PC 3R Promotion Association ☎03-5282-7685; URL: https://www.pc3r.jp/

(2) For details on small household appliance recycling, please refer to the Sunday Recycle schedule.

Note: PCs are not accepted as unburnable garbage even if they are dismantled.

Consider donating furniture, bicycles and other household items that are still usable to Recycle Plaza.
Note: The plaza may decline to accept certain items.

Recycle Plaza ☎222-3196
Closed: During the year-end/New Year's holidays.

Nagano City Official LINE Account

Note: Gomi-Navi for Nagano, a dedicated garbage sorting app for Nagano City, can be downloaded through this official account. You can also search for garbage sorting information by adding this official account as a friend.

Inquiries

- About garbage collection and sorting: Living Environment Management Section ☎026-224-7635 / 026-224-5035
- About bringing in burnable garbage: Greater Nagano Region Union, Nagano Environmental Energy Center ☎026-222-5301 (2-27-1 Matsuoka, Nagano City)
- About bringing in garbage other than burnable garbage: Nagano City Recycle Center (formerly Nagano City Refuse Center) ☎026-221-5316 (2-42-1 Matsuoka, Nagano City) Unburnable garbage, recyclable plastics, paper, cans, glass bottles, PET bottles, batteries, yard waste, etc.

長野市 ごみ・リサイクル

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