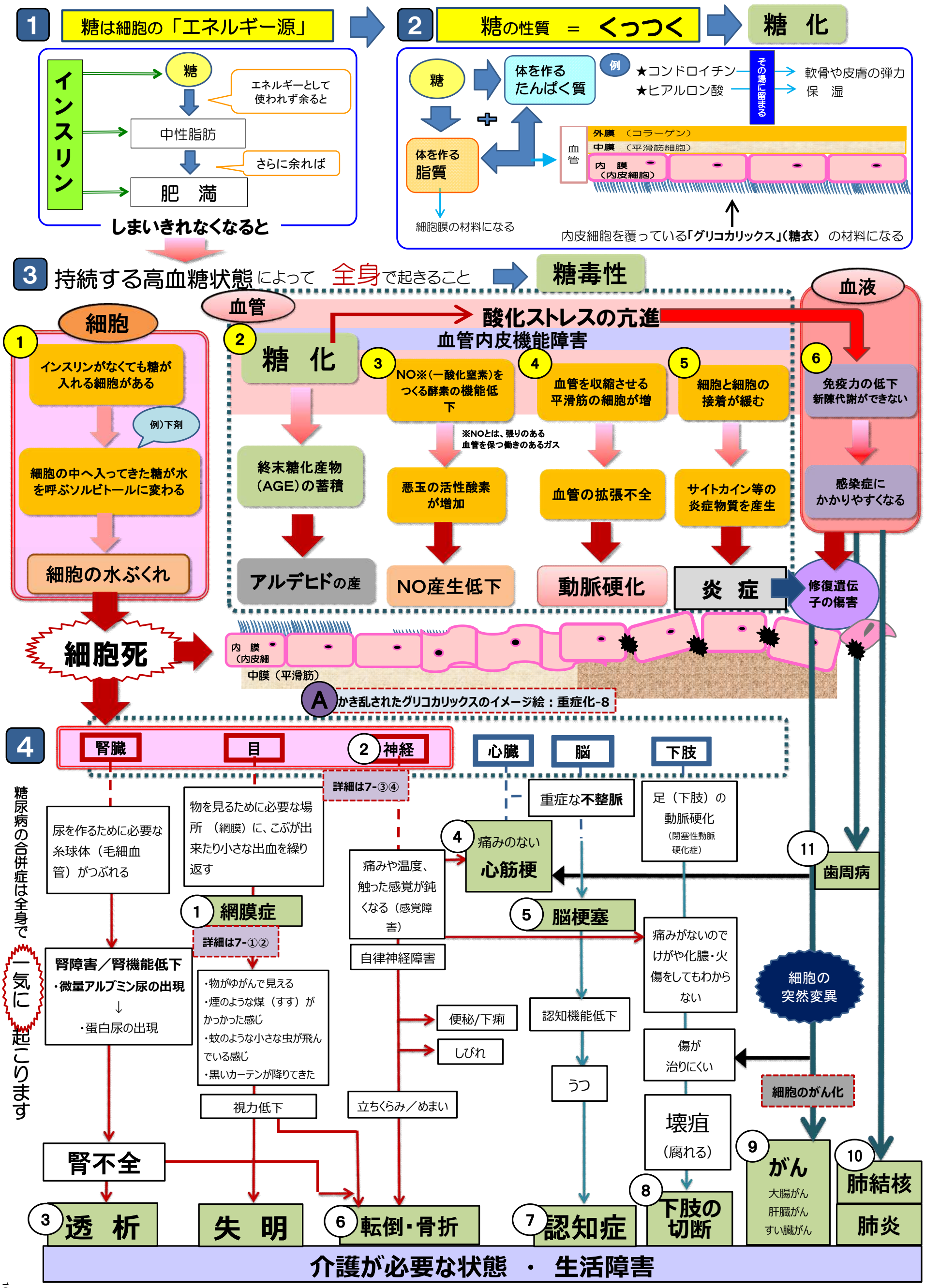高血糖状態が続くと体に何が起こるのでしょうか